



Heroes Run, Walk, Roll OR Bike - September 29, 2024 | Wilket Creek Park | www.bist.ca/5k

First and Last Name:

Name	Address	Postal Code	Email	Amount	Paid
Total					

Continue on 2nd sheet if needed.

Donations of \$20 or more will receive a tax receipt by mail/email. Please bring your completed pledge form and fundraising total to the registration desk on the day of the event, or you will not be in attendance, please call 416-830-1485 to make other arrangements.