

# BIST



Brain Injury Society of Toronto

Community Meeting, Wed Feb 26, 2020

**NEW LOCATION 9 Bars Coffee**

**46 St. Clair Ave East**

## **Learn about Therapeutic Adaptive Climbing**

**Climbing is an engaging and fun sport with diverse inherent benefits. This makes it a very attractive form of functional therapy .**

PRESENTERS: LAURA BURNETT, OT; LAYA POLOWIN, OT; KATE STEWART,  
DIRECTOR, CANADIAN ADAPTIVE CLIMBING

**Our Community Meetings are open to everyone: people living with brain injury, families, friends, professionals and anyone who is interested in ABI.**

**Want to Socialize?**

The first part of our evening is about socializing – come out to meet new people or catch up with old BIST friends.

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**Want to Learn?**

The second part is about learning! Listen to a guest speaker present on a topic relevant to brain injury, with time for a question and answer period. Come for just part of the evening or stay for the whole thing – the choice is up to you!

**REMEMBER OUR NEW MEETING LOCATION AT 9  
BARS COFFEE - 46 St. Clair Ave East**

**BIST**  
Brain Injury Society of Toronto



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